

PROOF

BAR & KITCHEN

All of our dishes are prepared in a kitchen with potential cross-contamination with all allergen groups. An allergen menu is available and please advise your server of any specific allergies, intolerances or dietary requirements.

Kitchen Menu

Noon. Night.
Served 12 - 9pm.

Snacks

Roasted Red Pepper HummusGF* VG	£4.50
flatbread / *GF Corn chips	
Sourdough & Rye BreadGF*	£3.50
with olive oil VG / with salted butter V	
Halloumi FriesGF	£6.50
pomegranate molasses, tahini & lemon dressing	
Salt & Pepper FriesGF VG	£3.50
skin-on with Chinese-inspired seasoning	
Mixed OlivesGF VG	£3.50
Marinated ArtichokesGF VG	£4
Padron PeppersGF VG	£4.50

Small Plates

Rarebit & Caramelised Onion Croquettes ...GF V	£7
celeriac remoulade, Henderson's mayo	
Broad Bean FalafelGF VG	£7.50
aubergine chutney, sweet & sour tomatoes	
Potted Ham HockGF*	£7.50
toasted sourdough, pickled shallots	
Curried Cauliflower FritterGF VG	£7
curry mayo	

Sharing Boards

Baked Garstang WhiteGF* V	£12
sourdough, sweet & sour tomatoes, tomato chutney	
Cheese NachosGF V	£10
artichoke, chilli, spinach, rancheros sauce	
Cheese BoardGF* V	£16
three cheeses selected by The Crafty Cheese Man, sourdough, piccalilli, spiced tomato chutney, apple	
Charcuterie BoardGF*	£17
salami, serrano & chorizo, sourdough, celeriac remoulade olives & pickled shallots	
Mezze PlatterGF* VG	£16
broad bean falafel, hummus, buckwheat, artichokes, aubergine chutney, olives, flatbread / *GF corn chips & padron peppers	

Plates

Chilli Con FungiGF* VG	£10
red pepper hummus, flatbread / *GF corn chips, jalapenos	
Chicken in a BasketGF	£14
corn-crumbed, buttermilk chicken pieces, skin-on salted fries, coleslaw	
Buckwheat & Spiced CauliflowerGF VG	£10
spinach & green herbs, pumpkin seeds, sweet & sour tomatoes, salsa verde	
ADD: Avocado £2 / Chorizo £2 / Goats Cheese £3	

For After

Chocolate Fudge BrownieGF V	£6.50
berries, ice cream	
Cherry & Almond Bakewell CakeGF V	£6.00
jam & berries	
AffogatoGF V	£6.50
vanilla ice cream, espresso, Frangellico/Amaretto	
Madagascar Vanilla Ice CreamV	£4
berries	
La Pigalle	£8
Martell Brandy, Mozart dark and Mozart Gold chocolate liqueur, cream	

*Gluten free bread is available, please ask your server

Please ask to see our weekly specials.

Most menu items are available for takeaway and delivery.